



FEBRUARY MENU 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 BREAKFAST: Dry Cereal/Fruit Toast/Straw Milk LUNCH: Ham & Cheese Mixed Potatoes Gr. Bean Casserole SNACK: Fun Size Bar Apple Juice	4 BREAKFAST: Banana/Sausage/eggs Fruit/Straw Milk LUNCH: Chicken/Carrot/Bean Mixed Potatoes Shrimp/Squash SNACK: Mini Corn Dogs Milk/Cookies	5 BREAKFAST: Muffin/Yogurt/Fruit Fruit/Straw Milk LUNCH: Hot Fudge/Banana/Hot Machine Potatoes Mixed Apple/Cheese SNACK: Cottage Cheese PB&J/Apple slices	6 BREAKFAST: French Toast/Fruit Strawberry/Straw Milk LUNCH: Chicken/Carrot/Fry Vegetables Ham/Bean SNACK: Cheese/Garden Wheat/Cookies	7 BREAKFAST: Cereal/Fruit Straw Milk LUNCH: Ham/Bean/Potato Squash/Hot Roll Grapes SNACK: PB & Jelly Heart Strawberry/Apple
10 BREAKFAST: Dry Cereal Strawberry/Straw Milk LUNCH: Cold Salad w/ Dressing Chicken Shrimp/Chicken Roll SNACK: Hot Cinnamon Strawberry/Juice	11 BREAKFAST: Fruit/Sausage/Fruit Toast/Yogurt/Straw Milk LUNCH: Hot Fudge/Banana/Hot Machine Potatoes French Potato SNACK: Peppermint & Cheese Cookies	12 BREAKFAST: Muffin/Yogurt/Straw Milk Strawberry/Garden/Straw LUNCH: Chicken/Sausage Mountain/Garden Fresh Fruit Cup SNACK: Heart Kashi/Straw Yogurt	13 BREAKFAST: Lunch/eggs/pancakes Strawberry/Straw Milk LUNCH: Salmon/Straw/Beef S. Sausage French Bread/Grapes SNACK: Strawberry/Straw Milk Juice	14 BREAKFAST: Strawberry/Yogurt Strawberry/Straw Milk LUNCH: Salmon/Fish/Wheat Roll Lemon & Herb Potato Capri Vegetables SNACK: PB & Jelly Heart Strawberry/Potatoes
17 BREAKFAST: Dry Cereal Fruit/Straw Milk LUNCH: Turkey Breast Steamed Carrots Shrimp/Potatoes SNACK: Hot Sauce Wheat/Cookies	18 BREAKFAST: French Toast/Sausage Fruit/Straw Milk LUNCH: Chicken/Sausage Chicken/Carrot Gr. Bean SNACK: Cheesy/Casseroles Wheat/Cookies	19 BREAKFAST: Eggs/Bacon/Toast Fruit/Straw Milk LUNCH: Beef/Beef Macaroni/Potatoes Gr. Beans SNACK: Peppermint/Chicken Milk/Cookies	20 BREAKFAST: W/G Toast/Yogurt Fruit/Straw Milk LUNCH: Mashed/Carrot/Potatoes Shrimp/Squash Dinner/Potato SNACK: Cheese/Garden Grapes	21 BREAKFAST: Dry Cereal/Fruit Straw Milk LUNCH: Turkey Breast Capri Vegetables Wheat/Chicken Roll SNACK: Lunch/straw/wheat Wheat/Potatoes
24 BREAKFAST: Cinnamon Toast Fruit/Straw Milk LUNCH: Ham/Bean/Potato Vegetables/Beef SNACK: Apple Slices with Peppermint Butter	25 BREAKFAST: Fruit/Toast/Sausage Fruit/Straw Milk LUNCH: Salmon/Chicken Mashed Pot./Carrots Wheat Roll SNACK: Yogurt Fruit	26 FEBRUARY 29TH BREAKFAST: Mixed Fruit/Sausage Toast/Yogurt/Straw Milk LUNCH: Ham/Bean/Potatoes Macaroni/Potatoes Grapes/Potatoes SNACK: Apple Butter Toast Potatoes	27 BREAKFAST: Strawberry/Strawberry/Pan Fruit/Straw Milk LUNCH: Gravy/Baked Chicken Baked Pot/Potato Eggs/Vegetables SNACK: Peaches/Butter Toast/Potatoes	28 BREAKFAST: Dry Cereal Fruit/Straw Milk LUNCH: Protein/Cheese/Garden Cream/Potatoes Grapes/Potatoes SNACK: Shrimp/Cheese Wheat/Cookies
				*W/G, WHEAT SNACK * ALL MILK IS SKIM
CATHOLIC CHARITIES ADULT DAY SERVICES "MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE"				